

# Plas Meddyg Surgery

## TRAVEL RISK ASSESSMENT FORM

Please note – We do not offer a travel advice clinic.

It is your responsibility to find out what vaccinations are needed for your trip. This can be done by contacting the numbers at the bottom of this page or visiting the web addresses given

### PERSONAL DETAIL

Name:

DOB:

Tel no:

### DATES OF TRIP

Date of departure:

Return date or overall length of trip:

### ITINERARY AND PURPOSE OF VISIT

COUNTRY TO BE VISITED	LENGTH OF STAY	AWAY FROM MEDICAL HELP AT DESTINATION? IF SO HOW REMOTE?

### PERSONAL MEDICAL HISTORY

Do you have any recent or past medical history of note? This includes diabetes, heart or lung conditions, thymus disorder:

List any current or repeat medications

Do you have any allergies for example to eggs, antibiotics, nuts?

Have you ever had serious reaction to vaccine given to you before?

Does having an injection make you feel faint?

Do you or any close family members have epilepsy?

Do you have any history or mental illness including depression or anxiety?

Have you recently undergone radiotherapy, chemotherapy or steroid treatment?

Are you pregnant or planning pregnancy or breast feeding?

### VACCINATION HISTORY

Have you ever had any of the following vaccination/malaria tablets, and if so when?

Tetanus	Polio	Diphtheria
Typhoid	Hepatitis A	Hepatitis B
Meningitis	Yellow Fever	Influenza
Rabies	Jap B Enceph	Tick Borne
Other:		
Malaria tablets		

### WHAT TRAVEL VACCINES HAVE YOU BEEN RECOMMENDED TO HAVE FOR THIS TRIP

Travel vaccines recommended for this trip:

Hepatitis A	Hepatitis B
Typhoid	Cholera
Tetanus	Diphtheria
Polio	Meningitis ACWY
Yellow Fever	Rabies
Japanese B Encephalitis	Other

### **PLEASE NOTE:**

The only vaccinations we give at the surgery are:

- Diphtheria, polio and tetanus (combined booster)
- Typhoid
- Hepatitis A (including when combined with typhoid or Hepatitis B)
- Cholera

If you require any other vaccinations you will need to have these at a Travel Health Clinic or Pharmacy. Local numbers are

Lloyds Pharmacy Prestatyn 01745 853101

Lloyds Pharmacy Rhyl 01745 653343

The Well Travelled Clinic - 0151 705 3223 (This is a Liverpool contact number but there is a Chester branch)

Click on [www.welltravelledclinics.co.uk](http://www.welltravelledclinics.co.uk) for prices.

Further information on travel vaccines can be found at [www.fitfortrave.nhs.uk](http://www.fitfortrave.nhs.uk) and [www.nathnac.org](http://www.nathnac.org)

We recommend you phone first before visiting them